

Wiltshire Council

Cabinet

Date of meeting: 19th January 2016

Subject: Mental Health and Wellbeing Strategy and Implementation Plan Update

**Cabinet member: Councillor Keith Humphries
Public Health, Protection Services, Adult Care and Housing**

Key Decision: No

Executive Summary

This Cabinet report updates members on progress against the Mental Health and Wellbeing Strategy Implementation Plan and provides the current document for review.

Proposal(s)

That Cabinet:

- review the draft implementation plan and approve its publication to sit alongside the Mental Health and Wellbeing Strategy which has already been published.
- To agree that the Mental Health and Wellbeing Partnership Board will monitor progress against the implementation plan and approve developments and additions to deliver on the strategy during its life, reporting into the Health and Wellbeing Board at intervals to be agreed.

Reason for Proposal

To update Cabinet on the progress with the implementation plan and to gain agreement that future updates can be developed and approved by the Mental Health and Wellbeing Partnership Board.

Frances Chinemana

Associate Director Public Health and Public Protection

Wiltshire Council

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Key Decision: No

Purpose of Report

1. This Cabinet report updates members on progress against the Mental Health and Wellbeing Strategy Implementation Plan and provides the current document for review. The strategy provides the strategic direction for Wiltshire Council and NHS Wiltshire Clinical Commissioning Group (CCG) in promoting mental health and wellbeing and supporting people with mental health problems and their carers over the next 7 years. The Implementation Plan contains the priority actions identified at the time the strategy was produced and in the intervening period.
2. The report additionally updates members on progress with the establishment of a Partnership Board to monitor progress against the strategies aims of the strategy.

Relevance to the Council's Business Plan

3. The Wiltshire Mental Health and Wellbeing Strategy aims to ensure that people are able to live well across their lifetime achieving and sustaining good mental health. The strategy also meets the Business Plan outcomes of:
 - a. Wiltshire has inclusive communities where everyone can achieve their potential
 - b. People in Wiltshire have healthy, active and high quality lives
 - c. People are as protected from harm as possible and feel safe.

Background

4. The Mental Health and Wellbeing Strategy provides the strategic direction for Wiltshire Council and NHS Wiltshire Clinical Commissioning Group (CCG) in promoting mental health and wellbeing and supporting people with mental health problems and their carers over the next 7 years.
5. The aim of the strategy is to create environments and communities that will keep people well across their lifetime, achieving and sustaining good mental health and wellbeing for all. It is a high level vision document and was

designed to enable development of commissioning and implementation plans address the key areas for development and which contribute to achievement of this overall aim.

6. During development of the strategy, the Mental Health Joint Commissioning Board developed an implementation plan to deliver on the strategy as well as a Joint Commissioning Intentions statement to outline the services to be commissioned during 2015/16. The implementation plan identifies the key actions over the first 2 years of the strategy, some of which are already in progress. This plan is designed to evolve during the life of the strategy to reflect changes in need and priority and therefore it will be subject to change as required.
7. The Strategy, Commissioning Intentions Statement and a draft implementation plan were considered by Cabinet on 19th May 2015. The Strategy was approved for publication and Cabinet additionally approved a request to establish a Partnership Board to oversee progress against the Strategy. Cabinet requested that the action plan be returned for further consideration in six months.

Main considerations for the Council

8. A multi-agency partnership board has been established to drive and monitor progress against the implementation plan and the impact this is having on the achievement of the strategy aims overall.
9. This Board met for the first time on 14th December 2015. This meeting consisted of a core group of members and considered proposed terms of reference for the group including future membership for the group, and the structure to enable service user and carer engagement. The terms of reference will be agreed electronically prior to the next meeting in February when a proposal for service user engagement will be tabled. An extended list of partners to be included on the Board was also agreed.
10. The membership of the meeting also reviewed the implementation plan to:
 - assess progress against those actions which are already underway
 - consider outcomes measures and milestones which will be monitored regularly to understand whether our actions are having the intended impact.
 - prioritise actions that have not yet commenced and agree timelines for these.
11. The implementation plan as agreed by the Mental Health and Wellbeing Partnership Board is attached at Appendix A.

Overview & Scrutiny Engagement

12. A briefing on the Strategy and the mechanisms for delivering against it was produced for Health Scrutiny on 22nd April 2015 and updates on progress will be provided as required.

Safeguarding Implications

13. Safeguarding is a key priority for Wiltshire Council and NHS Wiltshire CCG, both in terms of the services that they deliver and commission and this applies equally to the Wiltshire Mental Health Strategy and its implementation. It is acknowledged that people with mental health difficulties can be at greater risk of being victims of crime or abuse, self-neglect and poor and undignified care, given that they often lack capacity and their situations can give rise to increased risk of exploitation, e.g. financial, and stress within care givers, if they are not in receipt of appropriate support and training.
14. Wiltshire Council and NHS Wiltshire CCG and the organisations that they commission have in place safeguarding policies, procedures and workforce development plans to ensure that safeguarding is and continues to be a key priority.
15. There is a specific section in the Mental Health and Wellbeing Strategy detailing how we will ensure that our safeguarding arrangements are maintained and improved.

Public Health Implications

16. The public consultation on the Wiltshire Mental Health and Wellbeing Strategy helps to ensure that the population continues to be included in decision-making processes regarding their health and wellbeing. The inclusion of service users and people living with mental illness and their carers in the steering group arrangements additionally promote this approach.
17. Poor mental health can have a devastating impact on the quality of life for individuals their families and carers as well as a significant impact on the national economy. It has links to poverty and exclusion, unemployment, crime, chronic illness and anti-social behaviour. People with a mental health issue are more likely to die prematurely and to develop physical health issues. The national strategy for mental health, No Health without Mental Health: A cross-government mental health outcomes strategy for people of all ages (DH 2011), shows why tackling mental illness and promoting mental wellbeing is essential not only for individuals and their families but to society as a whole. Public Health staff will continue to work closely with Adult Social Care and NHS staff to develop and deliver this strategy, with a number of healthy living schemes already in place to assist in reducing the risk of developing mental health issues.
18. The outcomes of this strategy should help to reduce health inequalities and improve healthy life expectancy for the whole population of Wiltshire as well as people with mental health issues and their carers, and also may help to reduce the future prevalence. The Wiltshire Mental Health and Wellbeing Strategy is thus consistent and coherent with the aims of the Wiltshire Health and Well Being Strategy.

Procurement Implications

19. The implementation plan and the Joint Commissioning Intentions statement will, by their nature, involve procurement of services during the lifetime of the

Strategy. The services identified will be procured in association with corporate procurement regulations and in liaison with the corporate procurement teams from both organisations.

Equalities Impact of the Proposal (detailing conclusions identified from Equality Analysis, sections 4 and 5)

20. The strategy aims to ensure services will be delivered with due regard to Equalities legislation and that people with mental illness will have equitable access to services according to need. The Equality Analysis for the Strategy identified that more work is required to obtain and analyse equalities related data to help us to understand the both the distribution of mental ill health and who is/is not accessing services in Wiltshire. This has been included as an action in the implementation plan. The additional insight that could be gained from such information would help us to ensure that the services we are providing are indeed accessible to all. Without this data and understanding, there is a risk that services are not being accessed by certain minority or geographical groups

Environmental and Climate Change Considerations

21. The strategy and its implementation plan have no direct environmental or climate change considerations. However one of the key elements in maintaining wellbeing is access to the natural environment and the strategy identifies the importance of optimising the promotion and use of our natural environment in order to improve the overall wellbeing of our population

Risk Assessment

Risks that may arise if the proposed decision and related work is not taken

22. If the implementation plan is not approved for publication, this would lead to a further period without an official plan to deliver against the aims of the Mental Health and Wellbeing Strategy. It would also lead to lack of specific agreement on those actions to be prioritised and therefore have an impact on the ability to commission and deliver effective services and interventions.

Risks that may arise if the proposed decision is taken and actions that will be taken to manage these risks

23. The publication of the implementation plan could lead to raised expectations of what the Mental Health and Wellbeing strategy will deliver amongst the general public, customers and partner organisations. This is being managed through ensuring that priorities identified from the early engagement and the consultation is balanced within the overall resources available to deliver the strategy.
24. The implementation plan provides clarity about what will be delivered during the first 2 years of the strategy and this will be enhanced through a continuing programme of engagement with the general public, customers and partner organisations which will allow for priorities and progress to be communicated.

25. The Mental Health and Wellbeing Partnership Board have taken ownership of the implementation plan and will regularly monitor and update on progress.

Financial Implications

26. There are no immediate financial implications of the Mental Health and Wellbeing Strategy implementation plan. The intentions outlined in this and the Joint Commissioning Intentions statement are being funded from current budget allocations.

27. The focus is on utilising existing resources differently and there are no intended increases in overall budget as a result. It is however, acknowledged that the key areas for development identified within the strategy may require some re-alignment of budget across organisations, particularly over the longer-term, to enable better cross-agency working. Key decisions with resourcing implications will be brought back for consideration as necessary.

Legal Implications

28. Although no direct legal implications have been identified in relation to the proposal, it will be important take into account and consider, on an ongoing basis, the duties and responsibilities under the Care Act 2014 which came into force on 1 April 2015. These include duties to:

- Promote wellbeing
- Prevent, reduce or delay needs
- Establish and maintain systems for provision of information and advice
- Facilitate and shape the market in the commissioning of adult care
- Manage provider failure and other service interruptions
- Implement new assessment and eligibility criteria
- Provide independent advocacy

Much of the action in the implementation plan will inherently contribute to meeting many of these duties with regard to mental health.

Options Considered

29. This is an update report therefore no other options were considered.

Proposal

30. That Cabinet:

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***Reason for Proposal**

31. To update Cabinet on the progress with the implementation plan and to gain agreement that future updates can be developed and approved by the Mental Health and Wellbeing Partnership Board.

Frances Chinemana

Associate Director Public Health and Public Protection

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16th December 2015

Background Papers

None

Appendices

Appendix 1 Mental Health and Wellbeing Strategy Implementation Plan
(document to follow)
